There are a few ways to address healing. This is a sure way and can be used for other needs. Study The Sower Sows The Word Luke 8:5, also Mat 13, Mark 4.

Find scripture that meets your need, in this case healing. Meditate on these verses to get them from head to heart, don't rush this it may take a few days. Ask God for your healing according to His Word according to Jn 16:23 and particularly Mk 11:23-24. ***Faith begins where the will of God is known. If you have His word, you can believe you have received when you pray. Faith gives substance to what is not presently seen.*** You must believe before you see, this takes meditation in Gods Word. Address the Word with this attitude: Proverbs 4:20-22 My son, attend to my words; incline thine ear unto my sayings.

Let them not depart from thine eyes; keep them in the midst of thine heart.

For they are life unto those that find them, and health (medicine) to all their flesh. *** You have now sown the seed. Satan will try to steal the Word with thoughts of doubt and also place weeds of distraction to choke the Word of healing you planted. Read Mark 4:26 you plant seed and don't see anything but trust it grows. **Now the part where failure is rampant**. Luke 8:6 And some fell upon a rock; and as soon as it was sprung up, it withered away, because it lacked moisture.

*You do not need to ask God again because that is unbelief for you should have believed you received when you prayed. Let your prayers now become worship thanksgiving and praise around the Word you believed on, continually thanking God for those scriptures. This is the watering for moisture. Do not allow any thought of doubt to come for this is from your enemy. Answer like Jesus, It Is written. Double down on meditating on Gods Word and thanking him for it.

Philippians 4:6

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

See, with Thanksgiving. Continually give thanks for your healing after you prayed. Faith comes by hearing and as you continue to speak Gods Word, faith grows. Do not let His Word depart what you are speaking. Mk 11:23 says you will have what you say.

Healing is in the atonement as much as cleansing of sin. Is 53, Mat 8:17, 1 Pet 2:24 Gal 3:13 and the one that covers all needs Philippians 4:19

But my God shall supply all your need according to his riches in glory by Christ Jesus.

This takes work to write down scriptures and meditate on them. It is the getting them into your heart that is key. I find this for me by praise and worship on these verses.

You are Gods garden. Plant the seeds of His Word, water with praise and meditation and keep the devil and his doubt out with 'it is written'. Meditating on Gods word in thanksgiving is so important and cannot be replaced by prayer.